INDEPENDENT LIVING

This Week's Calendar of Events



SENIOR LIVING

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|--|--|--|--|---|---|
| 9:00 ^{AM} Shopping Or Dining Excursion* 10:15 ^{AM} Exercise Class: Moderate/ Advanced Workout, Exercise Studio 11:00 ^{AM} Exercise Class: Stamina & Endurance, Exercise Studio | 10:15 ^{AM} Exercise Class: Moderate/ Advanced Workout, Exercise Studio 10:30 ^{AM} Scenic Mid-Morning Ride* 11:00 ^{AM} Exercise Class: Moderate Workout, Exercise Studio 1:00 ^{PM} Angel Quilters Club, Art Studio 2:45 ^{PM} Financial Matters: Trips To The Bank* 3:30 ^{PM} Trivia Tuesday: Test Your Knowledge, Lounge 6:30 ^{PM} Are You Game? Card And Board Games, Pub | 10:00 AM In The Kitchen With Chef Adam, Apartment 201 10:15 AM Exercise Class: Moderate/ Advanced Workout, Exercise Studio 11:00 AM Exercise Class: Stamina & Endurance, Exercise Studio | 10:15 ^{AM} Exercise Class: Moderate/ Advanced Workout, Exercise Studio 10:30 ^{AM} Tile Art Class, Art Studio 11:00 ^{AM} Exercise Class: Moderate Workout, Exercise Studio 1:30 ^{PM} Movie Matinee—Africa: Eye-To-Eye With The Unknown, Theater 2:30 ^{PM} Clarendale Staff Talent Show: Encore Performances, Lounge 4:30 ^{PM} Thirsty Thursday Happy Hour, Pub | 9:00 ^{AM} Shopping Trip To Kroger & CVS* 10:15 ^{AM} Exercise Class: Moderate/ Advanced Workout, Exercise Studio 11:00 ^{AM} Exercise Class: Stamina & Endurance, Exercise Studio | 10:00 ^{AM} Hit The Gym For A Workout! Exercise Studio 11:30 ^{AM} Hot Coffee & Good Books, Bistro/Library 11:30 ^{AM} Craft & Chat Saturday, Art Studio 1:00 ^{PM} Saturday Afternoon Cinema—Under African Skies, Theater 1:30 ^{PM} Painting In The Pub With Rachel, Pub 3:00 ^{PM} Scrabble Tournament, Lounge | 9:00 ^{AM} Church Coach Service* 11:00 ^{AM} Refresh Your Soul (Inspirational Self-Study) 1:00 ^{PM} Hand, Foot & Toe Clinic, Apartment 201 1:30 ^{PM} Academy Award Nominee—Gorillas In The Mist, Lounge 3:15 ^{PM} Left, Center, Right (LCR) Dice Game Play, Lounge 3:30 ^{PM} Living Through Loss Support Group Meeting, Theater |
| 1:00 РМ Clarendale Cruisers: Walking Club Meeting, Bistro 1:30 РМ Monday Mystery Movie Matinee, Theater 3:15 РМ Crazy For Crosswords! Club, Library 4:00 РМ Beer & Bourbon Tasting, Pub 7:00 РМ Monday Night Football Party, Theater | | 1:15 ^{PM} Bible Study: Listening To God By Dr. Charles Stanley, Lounge 2:30 ^{PM} Crosswords Mania, Lounge 3:30 ^{PM} Ted Talks & Discussion, Lounge 6:30 ^{PM} Chick Flick & Wine Wednesday, Theater | | 1:00 ^{PM} Friday Matinee Performance—The Lion King, Lounge 1:30 ^{PM} Gardening Club (Green Thumb Not Required!), Patio 3:15 ^{PM} Bingo, Bingo, Bingo! Lounge 6:30 ^{PM} Friday Night Netflix "Pix,"Theater | | |